



THE THREE
BLACKBIRDS

WOODDITTON

Selection of Tea Pig teas | Illy's cafetiere coffee
Selection of juices

CONTINENTAL

Choice of cereal

Cornflakes 194 Kcal | Muesli 249 Kcal | Granola 268 Kcal | Special K 198 Kcal

Toast 204 Kcal or Croissant 280 Kcal V

Rolled Scottish porridge oats with honey 229 Kcal V

Greek yoghurt, mixed berry compote 196 Kcal V

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COOKED BREAKFAST

Full Suffolk breakfast: 390 Kcal

Newmarket sausage, smoked back bacon, baked beans, tomato, field mushroom,
black pudding & choice of

Fried 240 Kcal, poached 152 Kcal or scrambled eggs 152 Kcal

Eggs Benedict 523 Kcal | Royale 517 Kcal | Florentine 460 Kcal V

Smoked salmon & scrambled egg, toasted sourdough 482 Kcal

Avocado & poached egg on toasted sourdough 447 Kcal V

Scrambled egg & smoked back bacon
on toasted sourdough 515 Kcal

Breakfast bap – choice of:

Smoked back bacon 271 Kcal, Newmarket sausage 432 Kcal, fried egg 404 Kcal
or indulge with all 3 fillings 779 Kcal